



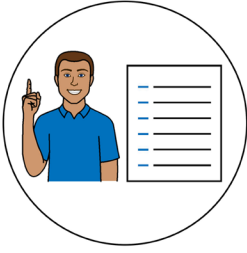
How to help people who find it hard to communicate

Communication Hub



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about

- find more information.



We will write contact information at the end of this book.

About this book



This book is from Communication Hub.

This book is about how you can help people who find it hard to **communicate**.



Communicate means when you share what you think with other people.



We want to help you communicate with people who find it hard to say what they think.

Some people need help to communicate



You communicate when you

- talk to people



- ask a question



- use sign language



- send a text message.



We can help you have a conversation with people who find it hard to communicate.

What do you need for a good conversation?

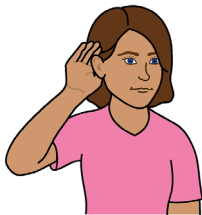


A good conversation is when everyone

- can understand each other

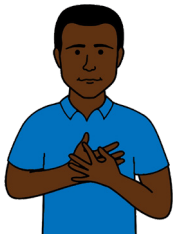
and

- has **respect** for each other.



Respect means that you

- listen



- are kind



- do **not** hurt other people.

You can ask people how they like to communicate

Some people who find it hard to communicate might talk with



- hand signs



- body language.



Some people might like to communicate with

- picture cards



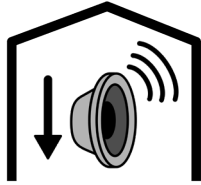
- a tablet



- a computer.



Some people need more time to think about what they want to say.



Some people communicate better when

- they are in a quiet place



- only one person talks at a time.



You could ask if they want

- help to find the right word



- more time to say what they want to say.



You can smile to help people relax when they communicate.



You could also do something fun together and talk about it.

For example, go for a walk in the park.

Think about what you want to talk about

Some people like to talk about their favourite topics.

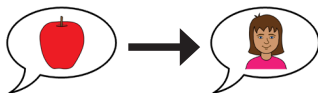


For example

- art
- sport
- the news.



You could help if someone **cannot** remember names of what they want to talk about.



You could also tell the person when you change the topic.

You can change how you communicate

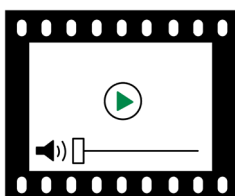
When you talk to someone who finds it hard to communicate you could use



- short sentences



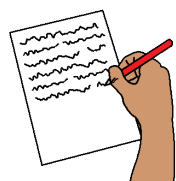
- pictures



- videos

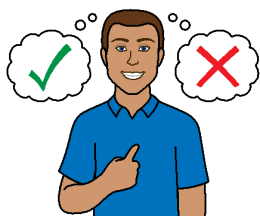


- sign language.



Some people might need you to

- write down important words



- ask questions that have a **yes** or **no** answer.



You should also face people when you talk.

How can a speech pathologist help you?

A **speech pathologist** is an expert who can help people



- say what they think



- eat



- drink.

A speech pathologist can help you learn new ways to communicate.



For example, with a computer.

A speech pathologist can help

- you

and



- the person who finds it hard to communicate.

More information



For more information contact
Communication Hub.



Website communicationhub.com.au

Find a speech pathologist

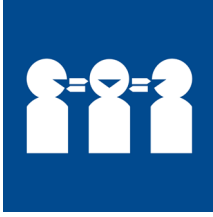
Speech Pathology Australia



Call 1300 368 835



Website speechpathologyaustralia.org.au



If you do not speak English

Use the free Translating and Interpreting Service or TIS.



Call 131 450

Give the TIS officer the phone number you want to call.



If you need help to speak or listen

The National Relay Service can help you make a phone call.



Call 1800 555 660



Website bit.ly/nrs-helpdesk

Give the relay officer the phone number you want to call.

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